



## **EMERGENCY ACTION PLAN & FIRST AID PLAN**

### **Lap the Lake June 14 2025**

This event will abide by all safety rules outlined in the RCA Rules of Racing, and the Event Sanction Application associated with this regatta.

#### **KEY CONTACTS**

**Regatta Organizing Committee Chair:** Felicia O'Gorman, 778-932-2178

**Chief Umpire:** Mike Bagshawe

*As stated in the RCA Rules of Racing (Section 11.11), the Chief Umpire is responsible for the application of the Rules of Racing to a sanctioned regatta and shall uphold the principles of safety, fair competition and good sportsmanship.*

**Safety Officer:** John Earle

*As stated in the RCA Rules of Racing (Section 8.2), the focus of the Safety Advisor is to ensure that appropriate safety measures have been implemented for the safe running of the regatta and observe any breaches of safety practices during the regatta.*

**First Aid/Medical Officer:** Mackayla Petrie

*As stated in the RCA Rules of Racing (Section 8.3), the Organizing Committee shall appoint a qualified person as the regatta Medical Advisor with specific responsibilities for ensuring that appropriate medical support and facilities are readily accessible to the regatta. First aid facilities on land at the regatta site and a rescue service on the water must be available at all times.*

#### **IN THE CASE OF AN EMERGENCY**

**Charge Person:** Glen Stiven

This individual will take control of the situation and activate other components of the Emergency Action Plan.

**Call Person:** Algis Masys

This individual will call for emergency help, provide all necessary information to dispatch, ensure that emergency vehicles will be able to access the required location on site.

**Available safety equipment:**

4 safety boats, an AED, 4 radios

**In the case of an on-water emergency, the following protocols will be followed:**

Safe havens-

Vernon Rowing and Dragon Boat Club 7730 Lochdale Rd. The cross street is Elmwood Rd.

Harper House 8131 Old Kamloops Rd

Swan Lake Campground 7235 Old Kamloops Rd

Public Boat Launch Meadowlark Rd

**In the case of a medical emergency, the following protocols will be followed:**

Notify First Aid Provider, call 911, clear area around incident, station a volunteer at gate.

**First Aid Provider:** TBC

**Location of First Aid:**

First Aid will be located adjacent the entry to the rowing oar house.

**Regatta Site:**

Vernon Rowing and Dragon Boat Club 7730 Lochdale Rd. The cross street is Elmwood Rd.

**Nearest Clinic:**

The nearest clinic to the regatta is at Primary North Okanagan Medical Clinic 5001 Anderson Way Vernon

**Nearest Pharmacy:**

The nearest pharmacy to the regatta is at Save on Foods 4900 27 St Vernon Vernon

**Nearest Hospital:**

Vernon Jubilee Hospital Phone: 250 545 2211 Address: 2101 32nd St Turn right on Highway 97, stay on the highway, DO NOT take Vernon exit. Travel through Vernon- approximately .5km past 25th Ave, the hospital is on your left