



Vernon Rowing & Dragon Boat Club
Swan Lake, BC

We are thrilled to be have our dragon boat program return to the water.

The advice from Health Authorities, and Via Sport will continue to inform our programs and activities.

The dragon boat program must reflect the restrictions that are so important to maintaining our communities health, and demonstrate to the wider community the values of our sport and club. Team work, trust, patience and discipline will all be needed to make our season a success.

It is important that we all understand, embrace and respect these changes. We hope that the ability for our club to demonstrate that we are able to keep our community safe, while still participating in a sport we love, will be a rewarding experience for us all.

Please remember this is a challenging time to be planning programming. Our hope is that a collaborative effort between our coaches and paddlers to ensure our environment is safe will allow us to share a great season. The COVID-19 situation is fluid and we will continue to obey all directions from Health Authorities, including ceasing programs as required.

Finally, it is critically important that the changes that are in place and detailed in this document are fully understood. As well as needing to have all registrations in place prior to rowing (Liability Waiver and Payment), paddlers will all need to complete a COVID 19 Participant Agreement form.

Registration	Registration is open for the Full Season fee. At this time there will be no drop in fee.
Practices	Sign up for each practice will be via a google sheet that will be emailed to members.
Health	<u>It is critical that anyone who is feeling at all unwell stays home.</u> The health of our paddling community, staff and the wider community depends on this and is of the utmost importance to us. Please contact your family doctor or call 811 if you are unwell.
Entry Gate and Parking	The gate will be locked during on water sessions and the tumbler code will be emailed at the start of the season. We have plenty of parking space. Please allow sufficient space between vehicles to maintain social distancing.
On Site	Masks must be worn at all times when on shore and will only be removed when you are positioned in the dragon boat. There will be no portable toilet onsite this season. Please allow a minimum of 2 metres space around yourself and others at all times.
Oar House	The paddle house will remain locked and will only be accessed by coaches. This will ensure that there is no contamination or potential sharing of the virus on shared surfaces. Paddles will be placed outside before each practice. Please bring your own water as this will not be available.
Ending the Practice	The dragon boat and club paddles will need to be sanitized and cleaned after each practice.